

Surviving Domestic Violence

Workshop



75 % of all single-offender violence against women is perpetuated by someone she knows.

You CAN learn to....

Break the Cycle of Violence

When: Saturday, Jan 15th, 2011
Time: 2 p.m. to 5 p.m.
Where: Women's Personal Defense Center
10931 Pellicano Dr.
El Paso, Texas 79935
Contact: 915-856-6560

If you (or someone you know) are in an abusive relationship, this workshop is for you. Learn how to:

- Become pro-active rather than depressed and self-blaming.
- Overcome fear and passivity.
- Overcome the tendency toward helplessness.
- Begin the process of change.
- Actively defend yourself and those you love.

Between 1998 and 2002, of the 3.5 million crimes committed against family members, 49% of these were crimes against spouses.

*U.S. Department of Justice
June 2005*

Register & Pay Online at:

www.womenspersonaldefense.com or
www.hsintlutao.com

\$50.00 per person.
Reservations required.



**WOMEN'S
PERSONAL DEFENSE
CENTER**
10931 Pellicano Dr. El Paso, Texas 79935
Tel. (915) 856-6560 Fax (915) 856-9634

Copyright © 2010 Womens Personal Defense Center